

# 2<sup>nd</sup> Annual Pinckney Colony Duathlon & 5K Series

**January 27 ~ February 17 ~ March 24  
8:30am**

**Entry Fee:** Duathlon - Preregistration \$30, Race Day \$35  
Duathlon Team Event (2 or 3 person teams) Pre: \$20 per person , Race Day \$25  
5K - Preregistration \$20, Race Day \$25

**Packet Pick-up:** Race Day from 7-8:15am.

**Race Day Registration:** 7:00am - 8:15am

**Awards:** *Duathlon Team event will only have awards for top three overall teams.*

**Duathlon & 5K:** Cash Prizes for first place overall Male and Female  
Cash Prizes for first place overall Masters Male and Female (40+)  
Gifts for the top three finishers in each division (coaster with race logo)

**Divisions:** 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

**To Benefit:** *Lowcountry Huntington's Disease Group*

**Award Ceremony:** Following race and refreshments

**5K Course:** Flat and Fast

**Duathlon Course:** 5K Run ~ 6 Mile Trail Bike ~ 5K Run The 5K portions are the same as above. The bike portion is challenging and fun. Distance is subject to change due to course conditions.

**Start/Finish Lines:** Both races will begin and end in the same location (approximately 3 miles down Pinckney Colony Road, Bluffton SC). **Not Pinckney Island.**

**Produced By:** **Play Hard Sports, Inc.**

**T-Shirts are included with your entry fee!  
(one shirt for the series)**

## Sponsors



**Play Hard Sports**

playhardinbtown.com



**Bluffton Family  
YMCA**



## Registration Form

Please make checks payable and mail to: **Play Hard Sports, Inc. 17 Lady Cobra Ln. Okatie, SC 29909**

First and Last Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ email: \_\_\_\_\_  
 Age: \_\_\_\_\_ Phone#: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

I am signing up for the (please circle all that apply)      **5K      February 17 ~ March 24**  
**Helmet Required**      **Duathlon      February 17 ~ March 24**  
    **Duathlon Team      February 17 ~ March 24**

Adult Shirt Size: (please circle one)      S    M    L    XL    \$3 additional charge for XXL  
 Amount Enclosed: \_\_\_\_\_

In consideration for me/my child being permitted to participate in this event, I hereby agree to assume all risks and responsibility, and to release and hold harmless Play Hard Sports, Inc., their employees, sponsors, trainers, coaches, and affiliated parties, from any and all claims, actions, causes of action, proceedings, damages, costs, demands, including hospital costs, court costs and costs on a solicitor and his own client basis, and liabilities of whatsoever nature or kind arising out of or in any way connected with my Participation in the Event. Further, in the event of any injury, I do hereby give permission and consent to authorize such First Aid and /or Medical and /or Hospital care or treatment as deemed appropriate. Play Hard Sports, Inc. Has permission to take photographs of my child or myself while participating in any Play Hard Sports, Inc. events. I understand that these photographs may be used for Play Hard Sports, Inc. advertising and public relations through and not limited to brochures, flyers, or webpages.

Signature: Participant/Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

